

Zadatak 6. Dokaži da je za sve $x \in \mathbf{R}$ ispunjena nejednakost

$$|3 \sin x - 4 \cos x| \leq 5.$$

Rješenje. Općenito je $|a \sin x + b \cos x| \leq \sqrt{a^2 + b^2}$ dokažimo za $a = 3$, $b = 4$:

$$\begin{aligned} & |3 \sin x + 4 \cos x| \leq \sqrt{9 + 16} \\ \iff & (3 \sin x + 4 \cos x)^2 \leq (\sqrt{9 + 16})^2 \\ \iff & 9 \sin^2 x + 24 \sin x \cos x + 16 \cos^2 x \leq 25 \\ \iff & 9(1 - \cos^2 x) + 24 \sin x \cos x + 16(1 - \sin^2 x) \leq 25 \\ \iff & -9 \cos^2 x + 9 + 24 \sin x \cos x - 16 \sin^2 x + 16 \leq 25 \\ \iff & -9 \cos^2 x + 24 \sin x \cos x - 16 \sin^2 x + 25 \leq 25 \\ \iff & -(3 \cos x + 4 \sin x)^2 \leq 0 \quad / \cdot (-1) \\ \iff & (3 \cos x + 4 \sin x)^2 \geq 0 \end{aligned}$$

pa je onda $|3 \sin x - 4 \cos x| \leq \sqrt{3^2 + 4^2} = 5$.